

November



Santa Clara Women's League
PO Box 3033 - Santa Clara, CA 95055-3033

President's Message: Georgia Sutter

Welcome to November! Fall is such a wonderful time of year - chilly mornings and evenings, and glorious warm days. All the deciduous trees are turning shades of bright red and yellow and the fall flowers are looking spectacular. What's not to love? In these trying times it's calming to think of the beauty all around us and reflect on our many blessings.

The Board continues to look for fundraising ideas. Look for Diane Jones' article about the "Bakeless Bake Sale" project. We haven't finalized our GoFundMe account with Facebook yet, there are still some details to work out. If you have any ideas of fun ways to raise funds, please be sure to share them with the Board. Also, if you haven't voted on whether to fund the holiday meals for homebound folks on Dec. 11th, please do so by either emailing me @ Georgia.sutter9544@gmail.com or calling me at 408/243-2168. The deadline for votes is Nov. 11th.



Notes from the Nurses

We passed our 150th CPOD activation last week - 150 days of lunch service. We just completed a survey of the Senior Nutrition Program participants. Our enrollment ranges from 130 to 180 people, depending on the day. 75% said that the SNP meal is their main meal of the day. Most intend to continue coming, even in inclement weather (if we ever have any). People have been very appreciative of the service. Many would not be eating lunch, or eating as nutritiously, without it. Larisa and I continue to take phone calls and emails from people looking for information and resources for various needs. If YOU need any help, please give us a call! We continue to offer two Mindfulness groups - one on Tuesday mornings via Zoom and one outdoors on the patio at the Senior Center on Thursday afternoons. If you would like to find a moment's peace, find details in the Senior Center's November newsletter available on 11/1 on the Senior Center website. These are trying times. Larisa and I wish you a peaceful Thanksgiving. All our best ~



Thought of the month

The price of anything is the amount of life you exchange for it." **Henry David Thoreau**



I called my daughter's home the other day and six-year old Nick answered. He was panting a little. I said, "Hi Nick. Wow, you sound out of breath." "No Grandma," he said. "I have plenty more."

Dear Ladies,

We are going to be hosting a Bakeless Bake Sale as a fundraiser. A flier with directions will be coming out to each one of you. You are encouraged to respond and to share it with your family and other contacts. The more exposure we get, the more money we make. Please I invite you to read and respond to it.

Yours truly,

Diane Jones, First Vice-President

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*Here are some fun facts:
Did you know?*

*There's no such thing as
pear cider.*

*Humans are the only
animals who blush.*

*Rubber bands last longer
when refrigerated.*