Santa Clara Women's League PO Box 3033 - Santa Clara, CA 95055-3033





# President's Message: Georgia Sutter

Hello everyone. I hope your Thanksgiving was full of love, appreciation and cheer. December has many different days to celebrate. Of course there is Christmas, Hanukkah and Kwanzaa but there are others. Saint Nicholas Day, Winter Solstice, Boxing Day just to name a few. And, don't forget New Years Eve! In December our family also celebrates five birthdays of family members and friends. Busy month.

Dec. 14<sup>th</sup> is fast approaching and so far there are thirteen ladies that have signed up to enjoy our League's Christmas party at the Senior Center. Haute Cuisine (our caterer) has requested a December 1<sup>st</sup> head count for the meals they are providing. However, if you haven't signed up yet and decide to join us, please call me (408/243-2168) **no later than Friday Dec. 3**<sup>rd</sup> and I'll make sure a meal is prepared for you as well. I hope to see you there.

As the year comes to a close it's a good time to reflect on things to be thankful for, even during our second year of the pandemic, and count our many blessings. Stay safe and Happy Holidays.



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## Notes from the Nurses

Happy holidays from us! December looks to be a bit fast and furious. If this is the case for you, please make sure to build in some "Me Time." We are still in a pandemic and coping with all of that on top of regular life is stressful and sucks up energy.

Beginning Wednesday, 12/1, our annual Giving Tree is ready in the Senior Center fireside lobby. We hope to provide some TLC for 10 individuals this year. Some are unhoused, others are

having a rough patch. Please come grab an ornament or two. Unwrapped donations are due at the Front Desk before 3pm on Tuesday, 12/14. Recipients are confidential. If you are aware of someone who needs extra support this holiday season, please email or call Mallory with the name, address, and item needed. We'll do our best. Most of what is needed so far are grocery and gas gift cards, but also some personal items and some stamps.

The Medicare Open Enrollment period ends December 7<sup>th</sup> so there is still time to make changes to your insurance if needed. Last month's free presentation at the Senior Center was a full house, so we scheduled another one on Thursday, December 2<sup>nd</sup>, in-person only, 10am to 11am, Room 231. Masks are required and seating is distanced. Please let Mallory know ASAP if you intend to register!

Our Senior Nutrition Program's Holiday Meal is Tuesday, 12/14. Thanks to all of you, we are sure this will be a wonderful, festive event. So nice to experience some fun after the last two years~! Larisa and I look forward to seeing you there.

The Senior Center will be closed to the public during the last two weeks of December, from the 20<sup>th</sup> through the 31<sup>st</sup>. I will be working from home during that first week, so I am reachable by phone or email. I will be on vacation during the week between Christmas and New Year's. Larisa will be off both weeks. Let us know if you need anything! Mallory (408) 615-3180 month relevant closed cov and Larisa (408) 615-3797 polocove Chanteclarace cov

We hope you all are well, fully vaccinated, and looking forward to 2022! We wish you a Happy Hanukkah, Merry Christmas, Happy Kwanzaa, and Happy New Year!



Where do reindeer go for coffee? Star-bucks!

What kind of music do elves like? Wrap!

How does a gingerbread man make his bed? With a cookie sheet!