



Santa Clara Women's League
 PO Box 3033 - Santa Clara, CA 95055-3033

President's Message: Georgia Sutter

Hello all. Here we are in March already! In last month's newsletter I brought up the idea of starting the recruiting process for next year's Board members. Good news – Nancy Toledo has volunteered to be our Parliamentarian! One vacancy filled, six to go. I haven't heard from anyone about the other open positions yet: President, 1st Vice President, 2nd Vice President, Treasurer, Recording Secretary and Corresponding Secretary. So think about joining Nancy on the 2022-2023 Board of Directors – give me a call and volunteer.

Here's some more good news. After a two-year hiatus, the Senior Center will once again be holding the wonderful Health Fair on May 20 from 10:00 to 1:00. I've submitted our application for a "booth" and we can set it up like in previous years with a basket of Mandarin oranges as a "lure", we'll have our new tri-fold brochures to hand out, we'll have some of our great photo albums available to view and we'll hold another drawing for a free one-year membership to the League etc. Do you remember who won the drawing back in 2019? It was Kathy Del Pino, our current 2nd Vice President! As we get closer to May I'll ask for some volunteers to man our booth, plus a few ladies to canvas the grounds with our brochures, visit with folks and recruit for new members etc. Stay tuned.

**2021– 2022
 BOARD OF DIRECTORS**

President	Georgia Sutter
1 st Vice President	Diane Jones
2 nd Vice President	Kathy Del Pino
Treasurer	Emily Adorable
Recording Secretary	Marti Ragone
Corresponding Secretary	Nancy Velasco
Immediate Past President	Marti Ragone
Parliamentarian	Phyllis Thomas

Committee Appointees

Audit	Diane Jones
Email Notification	Maria Landaveri
Finance	Emily Adorable
Holiday Meals	Dorothy Carlson
Membership	Kathy Del Pino
Newsletter	Maria Landaveri
Phone	Marti Ragone
Showtime Chair	TBD
Speakers	Maria Lopes
Sunshine	Judy Hubbard
Yearbook	Kathy Del Pino
Webmaster	Emily Adorable

Interesting Questions:

- Why is there an expiration date on sour cream?
- If you ate both pasta and antipasto, would you still be hungry?
- Can vegetarians eat animal crackers?
- If a turtle loses its shell, is it naked or homeless?

Joke

(Since many of us will be working on taxes now...)
 A fine is a tax for doing wrong.
 A tax is a fine for doing well.



Thought for the Month

You will recognize your own path when you come upon it because you will suddenly have all the energy and imagination you will ever need.

—Sara Teasdale



Notes from the Nurses

Holy smokes - the Year of the Tiger has begun and life continues to present big changes. Our thoughts are with the citizens of Ukraine.

In the Health & Wellness Program, we anticipate the County's indoor masking mandate ending on March 2nd for vaccinated individuals. As City staff, we will also need to receive direction from our management on the protocol for the Senior Center. No news on that as of now. The case count continues to decline, but there are still about 500 new cases a day on average, so that tells us that Covid is still circulating in our community. If you are not vaccinated and boosted, please fix that ASAP – this is a terrible, terrible disease with long-lasting effects if you end up in the hospital.

We have posted our two job openings, one for a second RN Care Manager and one for a social worker, both part-time positions, about 20 hours a week. Our pay rate is competitive and these are terrific jobs for people with experience, so please help pass the word. Please don't tell people to contact Mallory directly; they should apply online through the City's HR department webpage. So far, we can see that lots of people are looking at the postings, but no one has yet submitted an application. We hear from our aging services associates that this is also the case for their open positions, so the labor shortage hits home. The postings will be active and open until they are filled.

In Person events are returning to the Senior Center! Please see your Howdy Packet for the flyers or the March Senior Center newsletter online for details. We have two tabling events by Bay Area Older Adults to provide mail-in envelopes to return expired medications. Bring your unneeded meds and they'll help you package them up so you can drop them at the post office. On another day, Bay Area Older Adults will also be hosting a virtual tour of Blair Ranch, which is usually closed to the public. We will be streaming the tour simultaneously at the Senior Center, in case people would like to watch it together or who don't know how to stream. Call Mallory if you would like to join that event. Last, Breath California will be coming to the Senior Center to talk about the latest information on lung health, asthma, and COPD. They will also provide a free breathing assessment. Dates and details for all of these are in the Senior Center March newsletter.

Save the Date! Our 6th Annual "Be Strong, Live Long" Health & Wellness Fair is returning to Fremont Park on Friday, May 20, 10am – 1pm. We will have our BBQ chicken sandwich, music, and many, many community groups,, including SCWL, and agencies who are THRILLED to be able to tell you about their programs and services. As of this writing, we will have over 35 booths, with more confirmations still to come. Wear your tennis because the booths will be throughout the park on the grass. Fingers crossed that it won't be too hot or rainy!

Take care ~ Mallory and Larisa

UDATED WEBSITE

Take a look at our updated website. It looks terrific! We ran into a bit of a problem because we lost our domain name, so our website was down for a while. Our fantastic webmaster figured out the problem and worked hard to recapture our domain name and in the process, updated the site with new photos and our current newsletters. We are so lucky to have her help and appreciate all of the time she puts in for our group, even though she has moved out of the area. We now have our domain name for the next four years so things are back to normal!

Take a look by going to
www.santaclarawomensleague.org

Fun Facts:

- Bananas can't reproduce.
- In England the Speaker of the House isn't allowed to speak.
- Macaques in Japan use coins to buy vending machine snacks.
- An ostrich's eye is bigger than its brain.