



Santa Clara Women's League
PO Box 3033 - Santa Clara. CA 95055-3033



President's Message: Georgia Sutter

Hello Spring. Beautiful trees and flowers are blooming, the skies are clear and we've even had some rain lately. Kind of puts a smile on your face doesn't it?

I have some good news. We can hold our April general meeting at the Senior Center (Tues. April 12th @ 1:00 in Room 232). Masks are still required and food/beverages are not allowed. The room will be set up with ample space to spread out and all the windows in the room will be opened for fresh air. Another piece of good news is that Emily Adorable, Marti Ragone and Nancy Velasco have agreed to serve a second term in their current capacity so we only need to fill the positions of President, 1st Vice President and 2nd Vice President.

I really encourage everyone who can attend the April meeting to do so. Not only would it be wonderful to see our members again (even in masks), there are important issues we need to discuss and vote on.

**2021- 2022
BOARD OF DIRECTORS**

President	Georgia Sutter
1 st Vice President	Diane Jones
2 nd Vice President	Kathy Del Pino
Treasurer	Emily Adorable
Recording Secretary	Marti Ragone
Corresponding Secretary	Nancy Velasco
Immediate Past President	Marti Ragone
Parliamentarian	Phyllis Thomas

Committee Appointees

Audit	Diane Jones
Email Notification	Maria Landaveri
Finance	Emily Adorable
Holiday Meals	Dorothy Carlson
Membership	Kathy Del Pino
Newsletter	Maria Landaveri
Phone	Marti Ragone
Showtime Chair	TBD
Speakers	Maria Lopes
Sunshine	Judy Hubbard
Yearbook	Kathy Del Pino
Webmaster	Emily Adorable

Did you know?

Dolphins sleep with one eye open.
Vacuum cleaners were originally horse-drawn. (Somehow I can't envision horses in my living room, can you?)
We cut down 27,000 trees a year to make toilet paper.



Thought for the Month
Those who don't believe in magic will never find it.
—Ronald Dahl



Notes from the Nurses

It is wonderful to have Larisa back at her desk! She will be restarting our drop-in BP Clinic beginning Wednesday, April 6th, 10am – 11am. She is currently available on Wed, Thurs, and Fri, 9:30 – 5pm. Please be sure to check out the Senior Center's newsletter for April, which lists our activities. Hours and offerings are still limited due to staffing, but we are hopeful that continues to improve as time passes. The Health & Wellness Program will be sponsoring a free, thirty minute presentation by the California Department of Insurance on Wednesday, April 20, from 10am to 10:30am, on Zoom. This program provides access to low cost auto insurance for drivers of any age who are eligible. Registration is through the CDOI's link, but if you need help, call Mallory at (408) 615-3180. She can help sign you up.

In April, we continue with our wonderful, online, weekly Mindful Meditation group on Tuesday mornings at 10:15am with Chris Becker. We have several in-person events coming up this spring. We are feeling comfortable offering in-person activities at this time due to the decreasing case count and the lower trend in the County's wastewater surveillance data.

We will hold our meetings in larger rooms and limit enrollments so as to increase everyone's personal space. Masks are not required, but are strongly encouraged and most of us at the Senior Center continue to wear them. We assume that, at some point, there could be another surge, so it's important to take advantage of this lull so that we provide ourselves with opportunities to interact in person – good Mental Health Hygiene!

Wed, May 4 – Hearing Screening and California Phones display

Wed, May 11 – iPhone Training by CA Phones. Learn how to better use your phone.

Fri, May 13 – “Making the Best of the End,” everything you don't want to know but need about end of life planning and costs, with Phil Orr and Mallory

Fri, May 20 – 6th Annual “Be Strong, Live Long” Health & Wellness Fair!!! Lots of new exhibitors this year!

Mon, May 23 – iPhone Training by CA Phones in Mandarin

You can find information on enrollment, times, and locations in the MAY Santa Clara Senior Center newsletter. It is not possible to sign up for May offerings until May 1st.

Happy Spring to all ~ please call if you need anything,

Larisa and Mallory

Fun Facts:



What was the best thing before sliced bread?

If a word is misspelled in the dictionary, how would we ever know?

Isn't it crazy that we drive on a parkway and park in the driveway?

If we're not meant to have midnight snacks, why is there a light in the refrigerator?