



Santa Clara Women's League
PO Box 3033 - Santa Clara, CA 95055-3033

President's Message: Nancy Velasco

Hello everyone, I hope everyone is safe and healthy. As your new President I'm very humbled and honored to support all of you and our wonderful organization. We have a very strong team of officers that are enthusiastic, dedicated and excited to start the new fiscal year. We've already had our first board meeting. Our mission has not changed but the world has. We might have to think outside the box on how to raise funds for the Health and Wellness Program. Monthly meetings have been scheduled at the Santa Clara Senior Center beginning August 9, 2022. Starting in September, Alma Guillot will be scheduling guest speakers to attend our meetings as well. Please come prepared with any suggestions that you might have.



We look forward to seeing all of you.

Notes from the Nurses

If you haven't yet met our new nurse, Jodi Bisely, please do! We'll be at this month's meeting on August 9th. She is smart and friendly, and an almost 40-year career at the VA, she really knows her nursing. She's a great resource for anyone looking for help. In August, we will be focusing on a wide range of things, including psoriasis, National Vaccination Month, and upcoming classes. I'm calling attention to a really special presenter, Thomas Kingery, who will be here on Thursday, August 4th, at 10am, to talk about pronouns, gender identity, what the right words are that we should be using (and why), and more. This is called the SOGIE Workshop, #25740. Being able to communicate well increases respect and understanding - all good things for our families, friends, and community. This will be a fun meeting, as well as informative, and I would really love it if lots of people signed up. I will be there for sure - I really want to learn how to refer to people correctly so my daughter will stop rolling her eyes at me. You can sign up online at



http://apm.activecommunities.com/santaclara/Activity_Search/20744 or call the front desk at the Senior Center and someone can help you. We wish you all a great end of summer. Please be sure to call us if you need a question answered or help with a problem.

Take care, Mallory, Jodi, & Larisa.

**2022- 2023
BOARD OF DIRECTORS**

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1st Vice President	Marti Ragone
2nd Vice President	Dorothy Carlson
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Showtime Chair	TBD
Speakers	Alma Guillot
Sunshine	Judy Hubbard
Yearbook	Dorothy Carlson
Webmaster	Emily Adorable



Signage outside a muffler shop: "No appointment necessary. We hear you coming."
Sign on a hospital maternity floor door: "PUSH PIISH PIISH "



Thought of the month

"The best revenge is to be unlike him who performed the injury."
—Marcus Aurelius

See you on August 9 at 1pm SCWL General Meeting