

September 2022



Santa Clara Women's League  
PO Box 3033 - Santa Clara, CA 95055-3033

### *President's Message: Nancy Velasco*

It was very nice to see all of you at the August meeting. It sure gives us a sense of normalcy. I hope you can join us at our September 13<sup>th</sup> meeting as Alma has scheduled Ana Vargas-Smith from the Santa Clara Parade of Champions to be our guest speaker. The FY2022-2023 budget was approved and passed unanimously, thank you Emily preparing this. We unanimously voted to do a scaled down version of Showtime 2023 by omitting one performance. Rick Mauck and Robin Burdick are fine with this modification. We will be discussing the changes related to the show, entertainment packages, opportunity, food etc. and what this would look like. So please come to the September meeting with your thoughts and ideas.

**The Historic Home Society** has invited the League members to be docents for the Historic Home Tour on December 2 and 3<sup>rd</sup>. In addition, they're looking for people who like to dress up in vintage clothing to march with them in the Parade of Champions on October 1<sup>st</sup>. If you're interested, please email [janetmstevenson@gmail.com](mailto:janetmstevenson@gmail.com).

### *Notes from the Nurses*

Happy September to all! We are promoting several health concerns this month, most notably Fall Prevention Week. Please see the Senior Center newsletter for the classes we have arranged to help you stay upright on your feet and out of the ER.

The Senior Center will be closed to the public the week of September 5 - 9. Monday is Labor Day, September 9th is Admission Day, and the closed days in between are due to Covid19 budget impacts. Senior Nutrition will be available for those three days, but no other services. Also, please note that the H&W team will be out of the office at the end of the month - Larisa and Mallory will be on vacation (yay!) and Jodi is having some work done on her foot (meh). We will post notices as we get closer to those dates.

If you receive the Howdy Packet, please make sure to read the September Howdy Letter. We are transitioning the packet to reduce paper waste and also, stuffing 175 packets is a lot for us! We will continue to mail it home for those who are not really getting out. Everyone else will receive an emailed link to the packet online. If you sign up to be a Senior Center member (see the September newsletter about that), early access to the online packet will be a membership benefit. If you have already contacted us about your packet choice, no need to do anything more and thank you for your help.

Take care, everyone, and please get your boosters

~Mallory, Jodi, & Larisa



I totally take back all  
those times I didn't want to take nap  
when I was a kid

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*Thought of the month*

"Only the ideas that we actually live are  
of any value."

—Herman Hesse

Hi ladies – check out the photo below.

There were six of us at our monthly breakfast get-together on August 15. We've been averaging between 4 -7 ladies since March and we'd love to have more of you join us. It's fun to see each other and visit each month and of course the food at Mission City Grill is always wonderful. Our next breakfast is on Monday September 19, 9:00am. Put the date on your calendar and "come on down!"



**Memorial Tilly Goldberry 2022**

