





President's Message: Nancy Velasco



Hello everyone, I am very happy to serve as your president for the 2023-2024 fiscal year and will do my best to lead our organization in a

positive direction. This new year will bring strength, positivity and growth through teamwork and comradery.

At the August general meeting we will be discussing the new proposed budget, appointment an audit committee and confirm committee appointees for the new FY.

The new team of officers have hit the ground running with new possibilities for fundraising strategies for our organization. Our goal is to have everyone participate, in some capacity, no matter how big or small. We're all looking forward to working with you for the new year.



Anyone who joins our monthly general meetings will have the opportunity to win a prize. You'll have three chances to win. If you would like to donate to our drawings, please contact Nancy Velasco.

Health & Wellness Program News

It's a little shocking that it's the end of summer already. It seems like the Art & Wine Festival is just around the corner. Jodi, Larisa, Katy, and Mallory have all been able to squeeze in a little R&R time - ask us where we've been (or are going)! It has been an intense few months in terms of clients and their situations, so we are ready to take a little break and rejuvenate. We're focusing on National Happiness Month - you can read about it in this month's Senior Center newsletter or our August Howdy Packet. We would also like to remind you that there is an updated COVID booster available to those of us who are 65+ and/or who are immunocompromised. Please check with your Primary Care Provider (PCP) to see if this booster is appropriate for you. In addition, there is also the good ol' flu vaccination, available in September. Let's get inoculated so we can have a good fall and winter!

Take care,

Mallory, Jodie, Larisa, and Katy

Breakfast Club: Monday, August 21, 2023-9am, Mission City Grill

Next General Meeting: Tuesday, Aug. 8, 2023-1pm, SCSC





We look forward to getting to know you and working together!

2023 - 2024 BOARD OF DIRECTORS

President 1st Vice President 2nd Vice President Treasurer Recording Secretary Corresponding Secretary Immediate Past President Parliamentarian Nancy Velasco Marti Ragone Wanda Buck Kathy Del Pino Alma Guillot Mary Hanel Georgia Sutter Nancy Toledo

Committee Appointees

Audit Email Notification Finance Holiday Meals Membership Newsletter Phone Showtime Chair Speakers Sunshine Yearbook Webmaster

Marti Ragone Maria Landaveri Kathy Del Pino Georgia Sutter Wanda Buck Maria Landaveri Diane Jones Nancy and Emily Alma Guillot Judy Hubbard Wanda Buck Emily Adorable

The Harris Lass Museum on Market Street is offering tours on Saturday, August 5th from 12-:00 to 2:00 PM. Our own Mary Hanel will be one of the docents.

Our Museum Gift Shop is just full of lovely treasures seeking new homes.

Come drop by and take a tour and a peek into the Gift Shop run by Alma.