



**President's Message:** *Nancy Velasco*

I'd like to thank Marti Ragone, first president, for leading the October meeting. This is a true testament of teamwork. There are times when situations happen beyond our control and it's so nice to know that we can count on each other in a pinch.

**Showtime 2024**-Emily Adorable, Judy Hubbard and I are all co-chairs. We have met and divided all the responsibilities between us to be a well-oiled machine. We will also be meeting with Kim Castro and Robin Burdick at the Community Recreation Center to prepare the permit for the event. I'm looking forward to working with everyone in preparation for Showtime 2024.

**General Meeting**- I look forward to seeing all of you at our November 14<sup>th</sup> at 1:15pm.

**Breakfast Club**- Monday, November 20<sup>th</sup> 9:00 am Mission City Grill.

*Note from 2ND VP Membership Chair: Wanda Buck*

Please remember to invite a potential member to the general meeting or breakfast as a guest to check us out.

**Health & Wellness Program News**

We are observing National Family Caregiver Month, in honor of all those who help family, friends, neighbors, people from church or Rotary or chosen family get through their day. Family Caregivers do this with a huge impact on their own social, emotional, physical, and financial health. There are many supports in our community that help you help others - contact one of our RNs for referrals.


We will be hosting several meetings this month: Sourcewise's **HICAP** (Health Insurance Counseling & Advocacy Program) provides an excellent review of Medicare and supplemental plans during this year's Open

Enrollment Period (Wed, November 1<sup>st</sup>, 10am-11am in the Multi-purpose Room), and a really important workshop by the Alzheimer's Association, **Effective Communication Strategies for People with Who Have Memory Impairment** on Wed, November 8, 10am - 11:30. Brush up on some skills to get through the holidays.

Katy Gaty-Delia has ended three very successful support groups, **Grief, Family Caregivers**, and **Color Me Calm**. She is offering two "mini-mester" groups meeting in November and December: **Surviving the Holidays Together** and a repeat session of **Color Me Calm**, both back-to-back on Thursday beginning at 12:30pm. As demand increases in our program, we are happy that Jodi Bisely has expanded her time to include Wednesdays - hurray! She is an excellent problem-solver with a good sense of humor, so please consider contacting her if you need support or resources: Jodi Bisely, (408) 615-3175 [jbisely@santaclaraca.gov](mailto:jbisely@santaclaraca.gov)

Lastly, our new **Walk & Talk** group on Tuesdays at 1pm has been a lot of fun. About 10-12 friendly people attend each week, all active walkers, and we have been clocking about 1.5 - 2 miles in 50 - 60 minutes. If you're able to manage this distance and pace, please join us! We pick a different destination each time. This week, we had the pleasure of SCWL member and retired librarian, **Mary Hanel**, join us, which greatly enhanced our water breaks!

Happy Thanksgiving to you if you celebrate ~ Mallory, Jodi, Larisa, and Katy

 Dear Mother-in-Law

Please don't tell me how to raise my children. I'm living with one of yours and he could use a lot of improvement.

**Thought for November**

Call it a clan, call it a network, call it a tribe, call it a family. Whatever you call it, whoever you are, you need one.

—lane Howard

## SHOWTIME 2024

Our first Showtime Committee meeting was well attended and we are excited to hear all the new ideas for Showtime 2024. Our next committee meeting will be Thursday, November 2 at 11 AM at Georgia Sutter's home, 2102 Rockhurst Ct., Santa Clara. Even if you are not a committee co-chair you are invited to come and bring your ideas or just learn a little more about how Showtime works.

At our November 14 General meeting we will report on our progress and how YOU can help. We will also give you ideas for Opportunity Baskets so you can start thinking about what type of basket you would like to create or team up with another member to make. Also, the holiday sales are great times to purchase items for your basket.

**We are still looking for a member to take on the Showtime Work Schedule for Showtime 2024.** This is a great way for a new member to get involved because you basically have last year's work schedule to start with and your job entails calling those who worked last year to see if they want to continue in that time slot and/or contact new members to add them to the work schedule. Please think about this position and let Emily know if you are interested. You will be guided through this task. If you have any questions, please call Emily at 408-390-9544 or email at [eadorable2015@gmail.com](mailto:eadorable2015@gmail.com).  
Showtime co chairs Emily Adorable, Judy Hubbard and Nancy Velasco

### 2023 – 2024 BOARD OF DIRECTORS

President	Nancy Velasco
1 <sup>st</sup> Vice President	Marti Ragone
2 <sup>nd</sup> Vice President	Wanda Buck
Treasurer	Kathy Del Pino
Recording Secretary	Alma Guillot
Corresponding Secretary	Mary Hanel
Immediate Past President	Georgia Sutter
Parliamentarian	Nancy Toledo

### Committee Appointees

Audit	Marti Ragone
Email Notification	Maria Landaveri
Finance	Kathy Del Pino
Holiday Meals	Georgia Sutter
Membership	Wanda Buck
Newsletter	Maria Landaveri
Phone	Diane Jones
Showtime Chair	Emily Adorable
Speakers	Alma Guillot
Sunshine	Judy Hubbard
Yearbook	Wanda Buck

### Showtime Opportunity Baskets

As we head into the retail shopping season, just a reminder - this is a wonderful time to collect items for a Showtime basket! Right?!? I will be asking for your contribution commitment in January, with baskets delivered to our team in early February. So no time like the present to get a jump on that. Work with a buddy to assemble a basket to set a person's heart racing when seen at Showtime! Successful items have been: food baskets (meal prep, serving items, ingredients), Mystery Cash basket (a container of some sort with an undisclosed amount of \$), and activities (for adults and youth, good quality games, puzzles, crafts). Total retail value of the basket should not be too high - these are prizes won for \$2 - and should feature a gift card in keeping with your theme. Items should be new or extremely undetectably used. Activate your eagle shopper eye and contact me if you have questions. Thanks ~ Mallory von Kugelgen (408) 813-3377 [malloryvk@gmail.com](mailto:malloryvk@gmail.com)

---

*Note from Speaker Committee Chair: Alma Guillot*

Speaker for November meeting will be rescheduled to another time



**SCWL 2023 HOLIDAY PARTY**

**TUESDAY, DECEMBER 12TH FROM 2-4 PM**

**MARIE CALLENDER'S RESTAURANT**

**751 E. EL CAMINO REAL  
SUNNYVALE, CA. 94087**

**Order anything off the menu,  
Please be prepared to pay your own bill  
plus tax & tip**

**Also, please bring an unwrapped toy to  
be donated to "Toys for Tots"**

The Fundraising Committee: Wanda Buck, Debbie Bruce and Alma met on Sunday afternoon, October 22nd to Brain Storm Fundraising Ideas. First we defined the purpose of the fundraising. The purpose is to support the Senior Adults of Santa Clara. After obtaining suggestions from Mallory, we would like to focus on the Santa Clara Seniors who are unable to attend the current Senior Center activities by providing visitations and Holiday meals at Christmas and Easter. If Mallory and the Women's League are in agreement with the defined purpose of this Fund Raising, then the committee will proceed with possible events that would provide the funds for these suggestions.

Submitted by Alma Guillot

**THE HISTORIC HOME TOUR IS ON DEC. 1ST AND 2ND.** Tickets can be purchased on line or at the Adobe on Friday night. There will be 4 private homes on tour as well as the Santa Clara Women's Adobe. Check in at the Adobe for bracelets and maps and to put a ticket in the beautiful Opportunity Baskets.

**SANTA CLAUS IS COMING TO TOWN!!**

The Harris Lass Museum at 1889 Market Street Santa Clara will have a **FREE PHOTO OP** with **SANTA CLAUS** on Sunday, Dec. 3rd from 12noon to 2:00PM. Bring your grandkids!!