



President's Message: *Nancy Velasco*

From my family to yours, I'd like to wish all of you happy and healthy holiday season. It's the time of year where it's especially important to spend time with the one's you love. The holiday lunch will take the place of the general meeting. Hope to see you there.

- **Holiday Social-** Marie Callender's, Tuesday, December 12th
- **Holiday Meal Program-**Thursday, December 14th
- **Breakfast Club:** Monday, December 18th
- **Showtime Committee Meetings:** Thursday, January 4th and Thursday, February 1st-11am at Georgia Sutter's home.



I'm looking forward t working with all of you in the New Year.

Health & Wellness Program News

We are winding up the year in the Health & Wellness Program by featuring our annual Giving Tree. In the Senior Center Fireplace Lobby, you'll find our display with items; mostly gift cards that will help provide a little TLC this holiday for people who are experiencing tough times. Please consider participating. Just select an "ornament" or two, purchase the item listed on the back, and then turn the ornament and item in to the Front Desk. Deadline to receive donations is Wednesday, December 13, by the time we close. Our staff will make sure your donation makes it to the correct person. Last year, we were able to help about 30 people in Santa Clara and we have about that many on our list again this year. Thanks in advance for your help.

Our last Walk & Talk journey will be on December 5. We will pause for the holidays and then restart a new session (with new registration required) beginning Tuesday, January 16th. This group has been a lot of fun - friendly, interesting people walking to different Santa Clara destinations within a mile of the Senior Center. We plan to add in some surprises for 2024. When's the last time you went on a Scavenger Hunt?? Please consider joining us if you are an active walker!

We are also very excited to announce that we will be hosting the Diabetes Self-Management Program, facilitated by staff from Community Health Partnership. This is a 6-class series held once a week on Wednesdays from 1pm - 3:30pm. It was extremely popular when we scheduled it a few times a year, prior to the pandemic, and we are so happy to offer it again. Not only do students learn great skills to make the most of their diabetes care, it's fun and a great way to meet others who are also dealing with diabetes in their lives. Registration is open now, so please see the December Senior Center newsletter for details or call the Front Desk for assistance. (408) 615-3170

Best wishes to you and your family this Hanukah and Christmas season!

~ Larisa, Jodi, Katy, and Mallory



A five-year old is asked what he got for Christmas.

"Presents," he says.

What kind of presents?

Giving the adult an are-you-stupid look, he answers: "Christmas presents."

Thought for December

Loving someone is a loss of freedom—but one doesn't think of it as loss because one gains so much else.

—Erica Jong

SHOWTIME 2024

We have an amazing Showtime Committee who are very busy organizing and getting the word out to members about Showtime 2024. Our next committee meeting will be Thursday, January 4 at 11 AM at Georgia Sutter's home, 2102 Rockhurst Ct., Santa Clara. Even if you are not a committee co-chair you are invited to come and bring your ideas or just learn a little more about how Showtime works.

Thanks to Alma Guillot for stepping up to do the Showtime Work Schedule – anyone who would like to learn how to do this task or give Alma some help, please contact her.

At our November 14 General meeting we gave ideas to those who attended about Opportunity Baskets so you can start thinking about the list attached to this newsletter and let us know what type of basket you would like to contribute. Mallory von Kugelgen is the committee chair and just a reminder that when you turn in your basket you do not need to wrap it up. Also, if you do not have the empty basket, we can provide that if you just have the items. Last thing, please include a \$25 or more gift card with your basket because every basket includes a gift card. Any questions, contact Mallory,

Showtime co-chairs Emily Adorable, Judy Hubbard and Nancy Velasco

2023 – 2024 BOARD OF DIRECTORS

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Email Notification	Maria Landaveri
Finance	Kathy Del Pino
Holiday Meals	Georgia Sutter
Membership	Wanda Buck
Newsletter	Maria Landaveri
Phone	Diane Jones
Showtime Chair	Emily Adorable
Speakers	Alma Guillot
Sunshine	Judy Hubbard
Yearbook	Wanda Buck
Webmaster	Emily Adorable

Showtime Opportunity Baskets

Just a reminder that now is an opportune time to collect items for a Showtime basket! In January, I will need to know what you are able to donate, with your basket and/or components delivered to our Opportunity Basket team, Debbie Bruce and Diane Lounsbury, in early February. Please remember that the total retail value of the basket should not be too high - these are prizes won for \$2 - and should feature a gift card in keeping with your theme. Items should be new or extremely undetectably used. Please contact me if you have questions.

Thanks ~ Mallory von Kugelgen

SANTA CLARA WOMEN'S LEAGUE
P.O. Box 3033 - Santa Clara, CA 95055-3033

Note from: Wanda Buck

- Gift a SCWL Membership for only \$10 to a friend who'd like to join us.
- Tell a friend to check us out at www.santaclarawomensleague.org

Thank you all for your membership and successfully reaching out to new members

HOLIDAY MEAL Georgia Sutter

Wow! Our sponsored holiday meal for the Senior Center dining out program is right around the corner (Thurs. Dec. 14th). We already have four volunteers to help with the festivities – Maria Landaveri, Alma Guillot, Nancy Velasco, and Renie Goodwin. We usually have approx. 10-12 members helping. We'd love for some of our new members to join in on the fun. For those of you who haven't participated in the past, here are the details.

We need to arrive by 10:45 (doors open at 11:00). We wear our "uniform" – black slacks or skirt, and a white top. If you have a Santa hat or a silly headband feel free to wear that too. I will have League aprons for everyone.

Basically we're there to greet the guests, walking around the dining area and talking to the folks at the tables. We wish them happy holidays, chitchat etc. The Golden Tones will be singing holiday music and some of our ladies really get involved in the spirit and dance around a little, sing along and so on. That encourages the guests to get in a festive mood.

You can offer to fill guest's coffee/water/tea; if they need salt, extra eating utensils or napkins you can provide them as well. It's all pretty laid back, not real work but more of a chance to meet the guests and getting to know the staff members who work in the dining out program. As guests start to leave we can help clear the tables - anything that will assist the staff. We're generally out of there by 1:00 or so. It's a lot of fun – I hope you can join us this year. Please let me know if you can help no later than Friday Dec. 8th by calling Georgia,