



President's Message: Nancy Velasco



I hope everyone had a nice holiday with family and friends. I'm wishing everyone a Happy New Year!! May 2024 bring good health and happiness to all of you.

I want to give a great big thank to everyone who voted "YES" to donate \$500.00 in gift cards to the Santa Clara Senior Center Giving Tree. It's another small way that we can make a difference to those in need. I'll touch on this a little more at the January meeting.

NEXT GENERAL MEETING: Tuesday, January 9th, 1:15 at the Santa Clara Senior Center. We hope to see you there as it's our last general meeting before Showtime 2024.

BREAKFAST CLUB: Tuesday, January 16th, 9:00, (Monday is a holiday)

Health & Wellness Program News

Happy New Year! We are hoping you all have had respite from the needs of daily life. I have been out of the office since December 11th, which I think is the longest I haven't been at work since 2012. I have not checked my work email or looked at my calendar this whole time - I am saving that for January 2nd. I haven't talked to Larisa, Jodi, or Katy either. It is going to be some humdinger of a day back at the office! We have some great things planned for January - resuming Walk & Talk, a fantastic Diabetes Self-Management Program series provided by Community Health Partnership, a really helpful Money Management workshop thanks to the Alzheimer's Association, new support groups from Katy, and more. Please visit the Senior Center website for the January newsletter to get details, or contact Jodi or Larisa with questions (408) 615-3170. We are celebrating you and 2024 ~ here's hoping this next year is full of wisdom, energy, and generosity. All the best, Mallory, Jodi, Larisa, and Katy.

Jokes

***I'm speeding because I have to get there before I forget where I'm going.
You know you're getting older when "getting lucky" means finding your car in the parking lot.
The aging process could be slowed down considerably if it had to work its way through Congress.***

Thought for January

***Every day of our lives we are on the verge of making those changes that would make all the difference.
—Mignon McLaughlin***

***Don Heider, The Executive Director of the Markula Center for Applied Ethics at Santa Clara University,
will speak on artificial intelligence at our January general meeting.***

Alma Guillot

SHOWTIME 2024

We have an amazing Showtime Committee who are very busy organizing and getting the word out to members about Showtime 2024. Our next committee meeting will be Thursday, January 4 at 11 AM at Georgias Sutter's home. Even if you are not a committee co-chair you are invited to come and bring your ideas or just learn a little more about how Showtime works.

Thanks to Alma Guillot for stepping up to do the Showtime Work Schedule – anyone who would like to learn how to do this task or give Alma some help, please contact her.

At our November 14 General meeting we gave ideas to those who attended about Opportunity Baskets so you can start thinking about the list attached to this newsletter and let us know what type of basket you would like to contribute. Mallory von Kugelgen is the committee chair and just a reminder that when you turn in your basket you do not need to wrap it up. Also, if you do not have the empty basket, we can provide that if you just have the items. Last thing; please include a \$25 or more gift card with your basket because every basket includes a gift card. Any questions, contact Mallory.

Showtime co-chairs Emily Adorable, Judy Hubbard and Nancy Velasco

2023 – 2024 BOARD OF DIRECTORS

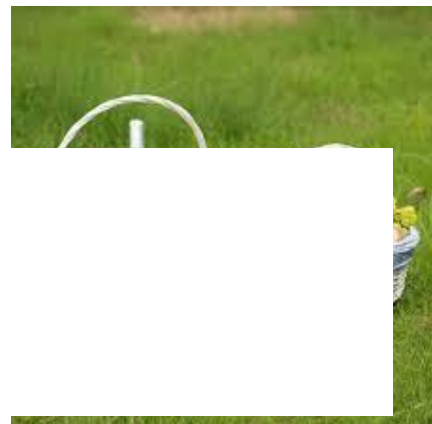
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Opportunity Baskets Needed!

Please let Mallory know what you are able to contribute for Showtime's Opportunity Basket. Now is a good time to shop the post holiday sales or donate that \$25 gift card you know you'll never use - we can put all to good use! Contact me via email or by cell . It's time to gear up - March will be here before we know it! ~ Thanks in advance and to all who have committed some amazing baskets already! ~ Mallory von Kugelgen



SANTA CLARA WOMEN'S LEAGUE
P.O. Box 3033 - Santa Clara, CA 95055-



Memories we'll treasure forever

